

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.Ed. DEGREE EXAMINATION – November 2018****Third Semester****THEORIES OF SPORTS AND GAMES, OFFICIATING AND
COACHING PART-I**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Give the dimensions of the runway for long jump.
2. Write the full form of IAAF.
3. Define a standard track.
4. What is the running distance in a cross-country event for men?
5. What is half-marathon?
6. What is seeding in track events?
7. Define pentathlon.
8. What does BFI stand for?
9. Give the field of play measurements for kabaddi (women).
10. What are the specifications of a volleyball court?
11. What are the specifications of a kho-kho post?
12. What is 'time out' in cricket?

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Write short notes on the Indian history of athletics.
14. Write short notes on drinking/sponging and refreshment stations in cross-country races.
15. Briefly explain the general rules of combined events competitions.
16. Briefly explain the history of volleyball in India.
17. What are the duties of the umpire and time keeper in kho-kho?
18. Draw a kabaddi court for men with necessary measurements.
19. Write short notes on the qualifications of a coach.
20. Draw a neat diagram of a discus sector with necessary measurements.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Draw a 200m track with necessary markings and measurements.
22. Explain the following with respect to mountain races: types, course, and start.
23. Explain the duties of competition officials in track and field.
24. Draw a layout of a kho-kho ground with all measurements.
25. Explain the various types of outs in cricket.
